


St. Joseph Cathedral School		November			What's for lunch?	
Monday	Tuesday	Wednesday	Thursday	Friday	FYI	
1 Chicken Nuggets Peas Peaches Bread Slice Chef salad	2 Salisbury Steak Mashed Potatoes Carrots Fruit/Dinner Roll Chef Salad	3 Breaded Chicken Sandwich Vegetable Fruit/Chips Chef Salad	4 Spaghetti w/ Meat Sauce Salad Fruit/Breadstick Chef Salad	5 Bosco Cheese Stick Green Beans Fruit Cookie Garden Salad	Adult Lunch \$3.00 Student Lunch \$2.75 Meal includes: One whole grain bread item One protein item One serving of vegetables One serving of fruit Carton of milk Gluten-free meals are offered daily. Please ask if unsure. Lunch meat or Sun Butter/Jelly Sandwiches are offered daily.	
8 Chicken Fried Steak Mashed Potatoes Carrots Fruit Chef Salad	9 Mini Corn Dog Baked Beans Fruit Chips Chef Salad	10 Hamburger on Bun Vegetable Fruit Apple Delight Cookie Chef Salad	11 Popcorn Chicken Salad Fruit Side Kick Push Pop Chef Salad	12 No School		
15 Pizza Salad Fruit Teddy Grahams Chef Salad	16 Chicken Legs Mashed Potatoes Green Beans Fruit Chef Salad	17 Hot Ham and Cheese Chicken Noodle Soup Vegetable Fruit Chef Salad	18 Kids' Choice Papa Murphy's Pizza Curly Fries Strawberries Ice Cream Bar Chef Salad	19 Pretzels w/ Cheese Broccoli Fruit Broccoli Cheese Soup Garden Salad		
22 Corn Dog Green Beans Fruit Chips Chef Salad	23 Rib Sandwich Baked Beans Carrots with Ranch Fruit Chef Salad	24 Happy	25 	26 Thanksgiving!		
29 Chicken Nuggets Mixed Vegetables Applesauce Side Kick Push Pop Chef Salad	30 Taco Crunch Lettuce, Cheese Refried Beans Fruit Chef Salad	1 Hot Dog Bar Chili Vegetable Fruit Chef Salad	2 Spaghetti w/Meat Sauce Salad/Fruit Breadsticks Chef Salad	3 Eggs Hash Browns Pancakes Veggie/Fruit Drink Garden Salad		
						