St. Joseph Cathedral School		January W		hat's for lunch?	
Monday	Tuesday	Wednesday	Thursday	Friday	FYI
No School	4 Chicken Fried Steak Mashed Potatoes	5 Hamburger on Bun French Fries	6 Chicken Nuggets Vegetable	7 Bosco Cheese Stick Lettuce Salad	Adult Lunch \$3.00 Student Lunch \$2.75
	Green Beans Fruit 2. Chef Salad	Fruit Apple Delight Cookie 2. Chef Salad	- C	Fruit Cookie 2. Garden Salad	Meal includes: One whole grain bread item One protein item
Corn Dog Cooked Carrots Fruit String Cheese	11 BBQ Chicken Leg Peas Fruit Roll	12 Salisbury Steak Mashed Potatoes Green Beans Fruit	13 Chicken Parmesan Lettuce Salad Fruit Wheat Crackers	14 Pretzels Broccoli Broccoli Cheese Soup Fruit	One serving of vegetables One serving of fruit Carton of milk
2. Chef Salad 17 No School	2. Chef Salad 18 Hamburger on Bun Potato Wedges Fruit Raisins 2. Chef Salad	2. Chef Salad 19 Popcorn Chicken Vegetable Fruit Whole Grain Bread 2. Chef Salad	Corn Strawberries	2. Garden Salad 21 Lasagna Roll Ups Lettuce Salad Fruit Breadstick 2. Garden Salad	Gluten-free meals are offered daily
Chicken Nuggets Vegetable Fruit Chips 2. Chef Salad	25 Hot Dog on Bun Chili Vegetable Fruit 2. Chef Salad	26 Papa Murphys Pizza Green Beans Fruit Graham Crackers 2. Chef Salad	27 Sloppy Joes Fries Fruit String Cheese 2. Chef Salad	28 Scrambled Eggs Pancakes Hash Browns Fruit 2. Garden Salad	Lunch Meat or Sun Butter/Jelly Sandwiches are offered daily
31 Mini Corn Dogs Vegetable Fruit Chips 2. Chef Salad	*PetitShow ** * * * * ** ** ** ** ** ** **			***************************************	******