

NOVEMBER

calendar

*Liturgical
Living*



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Devotion-The Holy Souls in Purgatory

"He who saves a soul saves his own and satisfies for a multitude of sins."

James 1:20

Daily

Morning Prayer

O Jesus, thank you for the gift of rest, let me follow your will and please you today.

Say Grace before meals

Bedtime Prayer

(Examen - - reflect on the day, the highs & lows,)

✝ Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May their souls and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.

*optional daily devotions:

- Divine Mercy Chaplet at 3pm
- Rosary

Weekly

Weekend Mass Obligation
Family Rosary

Monthly

Confession:
Wed. 5-5:45pm
Sat. 8:40-10am

First Friday
Nov 1st*
*Holy Day of Obligation

First Saturday
Nov 2nd
Mass @ 8:00am

XLT Adoration
Nov 6th 6-7pm

Celebrate a Feast Day
(*see next page)

Novena of the Month
Christ the King Novena
Nov 16th-Nov 24th



November Challenges:

- Read the Daily Readings at USSCCB, on Hallow, or Amen App.
- Add the Canticle of Zechariah into your morning prayer routine as we celebrate the feast of St. Elizabeth this month
- VOTE! CCC 2239. It is the duty of citizens to contribute along with the civil authorities to the good of society in a spirit of truth, justice, solidarity, and freedom. The love and service of one's country follows from the duty of gratitude and belongs to the order of charity.
- Volunteer at a local Soup kitchen or charity in Thanksgiving for all of God's gifts
- Invite someone to church, rosary, book study or other gathering.

ADDITIONAL RESOURCES

Catholic Apps:



Hallow



Laudate



Formed

HAVE QUESTIONS?
julie.g@cathedraljc.org

LIKE/FOLLOW ON:



For Daily Readings and more:

www.ussccb.com

@CATHEDRALOFSTJOSEPH

@JCCATHEDRAL

<https://watch.formed.org/catholic-all-year-with-kendra-tierney>

FORMED



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Ideas for Celebrating Feasts/Memorials in November:

1st ALL SAINTS, Solemnity (Holy Day of Obligation) - We are called to attend Mass and to refrain from our usual labors, as if falls on Friday, we are not required to abstain from meat. Some people have an All Saints parade and dress up as their favorite saint.

2nd ALL SOULS, Feast - a plenary indulgence is available by praying for the dead in a church by reciting the Our Father and The Creed, and on November 1-8 a plenary indulgence is available each day for praying for the dead in a cemetery. Another tradition for All Soul's Day is making Soul Cakes - which perhaps is where the tradition of passing out candy on Halloween began. Essentially, families would make these little cookies and hand them out to friends and neighbors in exchange for praying for each other's deceased loved ones.

5th St. Elizabeth - Read her story in Luke 1, consider taking a meal to a friend or family member who recently welcomed a baby.

Election Day - Prayer before the Election from the USCCB, see next page

11th St. Martin of Tours, Memorial, Veterans Day (USA) - Consider going through your winter clothes and coats that no longer fit and donating them in the spirit of St. Martin's first great act of charity. Pray for a soldier today.

13th St. Frances Xavier Cabrini, Memorial - patroness of Immigrants and hospital administrators, take today to pray for someone. Consider watching the movie "Cabrini" available through the Angel Guild.

17th St. Elizabeth of Hungary, Memorial - volunteer at a local homeless shelter or soup kitchen or go grocery shopping to pick up items to donate, consider purchasing a Thanksgiving meal for a family in need.

21st Presentation of Mary, Memorial - Offer Mary flowers, create an altar with your favorite Marian images and symbols, say the rosary, get creative!

24th OUR LORD JESUS CHRIST, KING OF THE UNIVERSE, Solemnity - Today is the last Sunday of the liturgical year, treat this week as a chance to make some spiritual resolutions for the coming liturgical year.

30th Andrew, Apostle, Feast - one could say St. Andrew's greatest act as an apostle was in introducing his brother Peter to Jesus. Making today the perfect day to reflect on God's will in our lives, the people and places He has led us to over the past year, and where He is leading us in the coming year. Have Goldfish or Swedish fish as a snack, or play Go Fish!



Prayer before the Election from the USCCB:

Lord God, as the election approaches,
we seek to better understand the issues and concerns
that confront our city/state/country,
and how the Gospel compels us to respond as faithful citizens in our community.

We ask for eyes that are free from blindness
so that we might see each other as brothers and sisters,
one and equal in dignity,
especially those who are victims of abuse and violence, deceit and poverty.
We ask for ears that will hear the cries of children unborn and those abandoned,
Men and women oppressed because of race or creed, religion or gender.

We ask for minds and hearts that are open to hearing the voice
of leaders who will bring us closer to your Kingdom.

We pray for discernment so that we may choose leaders who
hear your Word, live your love, and keep in the ways of your truth
as they follow in the steps of Jesus and his Apostles
and guide us to your Kingdom of justice and peace.

We ask this in the name of your Son Jesus Christ
and through the power of the Holy Spirit.

Amen.



PRAYER REQUESTS

NAME

REASON





THANK GOD EVERY DAY

WHAT I'M THANKFUL FOR:

